

Effect of the Promed ethereal Fragrance Oils



Relax;

Bergamot; the scent of Bergamot is Fresh Citrus, light and sweetly warm. The oil has one soothing and calming effect. The effect of bergamot is antispasmodic, calming, helps with nervousness, overstimulation and exhaustion. It can help to get better sleep, and is often used in meditation.

Spruce; It is a clear oil with a powerful scent reminiscent of forest soil to think. The oil is highly antiseptic and prevents the spread of contagious diseases. Helps to clear the airways, soothes colds and gives a pleasant smell in the room.

lavender; the scent of lavender is Floral and spicy. It helps to relieve stress and reduce feelings of anxiety. It also helps you fall asleep more easily. It is so a soothing oil.

it also has a soothing effect and can often be found in sleep sprays, shower creams and body lotion for the evening.

Orange; it is a warm, sweet citrus, fresh and fruity fragrance. It helps for relaxation, calming and helps improve your breathing.

Lemon. it is a fresh, freshly cut lemon peel scent. The effect of a lemon oil is Disinfectant, antibacterial, antiviral lemon has a stimulating, energizing aroma and promotes a feeling of lightness, cheerfulness and joy.



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Peach; the scent of the peach oil, is a sweet, fruity fragrance.

Apple Cinnamon; the scent of apple-cinnamon is a fresh, fruity and warm fragrance. it helps uplifting, soothing and relaxing. Gives a fresh warm scent to the environment.



Wild Cherry; the scent of wild cherries is very aromatic, sweet and fruity.



Vanilla; the scent of vanilla oil is warm, sweet and typical vanilla scent. The oil has

a soothing effect on fear, anger and frustration and is soothing / calming.

It also helps create a feeling of warmth. And gives a cheerful atmosphere.



Roses; a rose oil fragrance is a sweet fragrance that lingers for a long time. So it is one

strong, warm rose scent and slightly herbaceous. Rose scent is harmonizing and relaxing. Helps with insomnia and headaches / migraines. It is also possible with any other oil can be mixed.



Grapefruit; the scent of grapefruit is a pleasant fresh scent, an orange, spicy, bittersweet scent. The oil is constructive and stimulating for depression. Helps with headache / migraine. The scent of grapefruit is also stimulating (e.g. jet lag, fatigue and listlessness.)



Be happy;

Eucalyptus, the scent of eucalyptus is Fresh, woody and camphor-like. eucalyptus oils with cineol a fresh and spicy scent. Mind clearing, increase concentration, airway relief. Inhaling the scent opens the airways and lungs. They give more energy and enable more powerful breathing. The oil is suitable for all respiratory complaints and to prevent them. It elevates us ability to resist germs and viruses. With a cold, bronchitis, whooping cough, COPD, emphysema, sinus infections, flu and even asthma and

pneumonia eucalyptus is a great help. Eucalyptus fights both bacterial and viral infections.

Orange; it is a warm, sweet citrus, fresh and fruity fragrance. It helps for relaxation, calming and helps improve your breathing.

petitgrain; petitgrain is a fresh, floral, sweet and woody fragrance. It works calming and just like lavender, but with a different scent of course. Good too use for tension headaches. Evaporate in respiratory infections, nervous asthma, and also helps with insomnia, stress, panic and mental fatigue.

lemon; it is a fresh, freshly cut lemon peel scent. The effect of a lemon oil is Disinfectant, antibacterial, antiviral lemon has a stimulating, energizing aroma and promotes a feeling of lightness, cheerfulness and joy.

✚ **Lavender;** the scent of lavender is Floral and spicy. It helps to relieve stress and reduce feelings of anxiety. It also helps you fall asleep more easily. It is so a soothing oil.

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✚ **Lemongrass;** the scent of lemongrass oil is Fresh, lemony and grassy Neutralizing smoke smell, disinfected, calming, insect repellent.

Lemongrass oil is an oil that gives energy and a clear, clean feeling.

The scent of Lemongrass is powerful and can therefore cause unpleasant odors masking. The Lemongrass oil provides a purifying and disinfecting effect when the oil is evaporated. A good oil to prevent and combat it flu virus and respiratory infections by bacteria and fungi. Lemongrass expels despondency and a listless feeling. A suitable oil for people who's getting off to a bad start in the morning.

The liveliness and clear feeling makes Lemongrass a help with jet lag, among other things. The relaxing property of Lemongrass effect is noticeable in tensions due to stress, anxiety and feelings of anxiety.

✚ **Orange;** it is a warm, sweet citrus, fresh and fruity fragrance. It helps for relaxation, calming and helps improve your breathing.

✚ **Cinnamon;** Cinnamon essential oil and aromatherapy. Has the scent of cinnamon

a warming effect on inner cold. It opens your mind and helps you open up and be soft. It brings peace to your body and mind.

✚ **Eucalyptus;** the scent of eucalyptus is Fresh, woody and camphor-like. eucalyptus oils with cineol a fresh and spicy scent. Mind clearing, increase concentration,

airway relief. Inhaling the scent opens the airways and lungs. They give more energy and enable more powerful breathing. The oil is suitable for all respiratory complaints and to prevent them. It elevates us ability to resist germs and viruses. With a cold, bronchitis, whooping cough, COPD, emphysema, sinus infections, flu and even asthma and pneumonia eucalyptus is a great help. Eucalyptus fights both bacterial and viral infections.

✚ **Cinnamon-Orange;** the scent of cinnamon-orange, is a combined odor. So it is a warm, aromatic and sweet fragrance. It helps to relax, calming, and has a warming effect. It's the perfect scent if you like one warm cinnamon scent but also sweet and fruity to it

✚ **Lime;** the scent of Lime is Lime-citrus, fresh and sweet. It has a stimulating effect, concentration enhancing, invigorating. Lime does not linger for long. Lime is one excellent evaporation oil - lime disinfects the environment. The oil can be applied

with all respiratory infections; it kills bacteria supplied by the air.
Like lemon, lime is a strong immune system boost and is oil
a good help with cold and flu. Lime invigorates and refreshes a tired mind
and can be used for apathy and depression